

$$E=MC^2$$

Winter Camp 2010

FBCV

This little e-book comes from a series of presentations given at the Winter Camp 2010 of Faith Bible Church – Vallejo. These are the slides from the sessions as well as the notes that go along with the slide.

I make it available to you so that you can remind yourself of the main ideas that were presented with some of the notes.

If you need any further explanation or would just like to talk further about some of the ideas that we talked about, please do not hesitate to email or call me.

Enjoy. You are blessed.  
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<http://identityspecialist.wordpress.com>

# Christlikeness

## False Self

## True Self

## Will

The sessions were divided in four and this is the basic roadmap for each session. Our main passage was Romans 12:1-2

# Christ-likeness

Romans 12:1-2 - Begin with Christ likeness

1. Christ likeness - Phil 2

2. Living Sacrifice - Lev 1-5

But before we jump into that.....

# 5 Word Story

Take one of your note pages and  
write these words - 5 Word Story

# Forgiven - Educator - Filipino - Blessed - Surfer

Here is my 5 word story - this is a story that demonstrates a quick version of you - at this particular moment; at this particular time it's these 5 words.

Romans 12 - talks about sacrifice; living sacrifice - Jesus died, but then rose - but we are called to become a living sacrifice - what does that mean? Let's start with Jesus' sacrifice.

# Philippians 2

Jesus was the ultimate sacrifice - Phil 2. Look not.....but “also”  
Let this mind be in you - which was also in Christ Jesus .....



Who being in the form of God  
- thought it not robbery to be equal with God

And being found and fashioned as a man - he humbled himself and became obedient unto death  
even the death of the cross





But here's the main question –  
Where is Jesus?  
When we orient ourselves w/Jesus  
We tend to look UP.

# UP

That somehow Jesus is up there and that we are down here.  
The church has taught this for many years – that Jesus puts himself UP



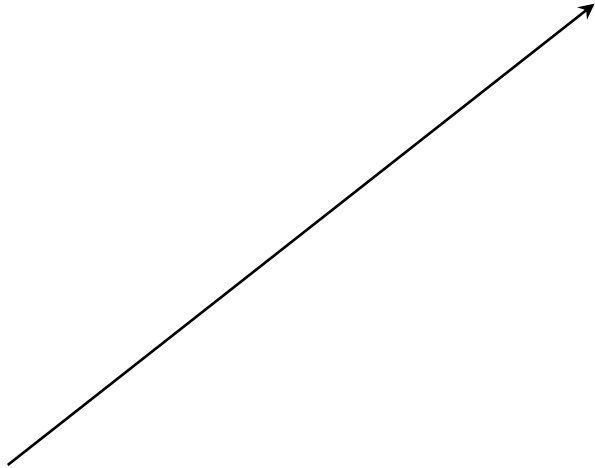
But the movement toward  
Jesus – in order to become the  
Ultimate sacrifice was DOWN

# GOD/JESUS

# YOU

If the orientation is up...

# GOD/JESUS



# YOU

Then in your own strength – you – move UP toward Jesus<sub>13</sub>

~~GOD/JESUS~~  
YOU

The movement that you create – UP – brings you close to Jesus, but because you made it happen – the view of God tends to be myopic and narrow. The distance between you and God is not that great. <sup>14</sup>

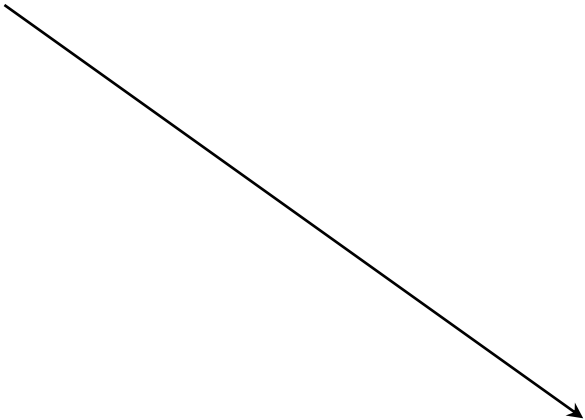
# DOWN

Jesus humbled himself - and became obedient unto death  
-even the death of the cross.

Paul wants us to think like this - as Jesus thought.  
From this point of view.

GOD

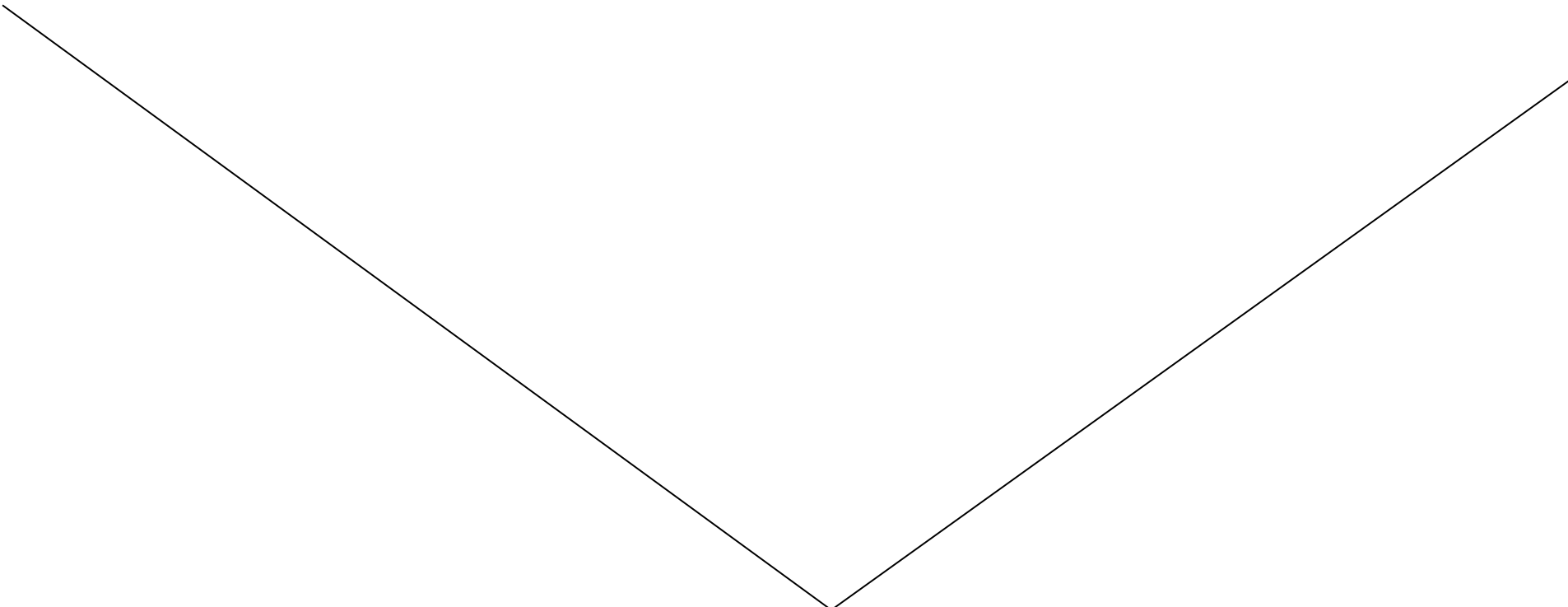
YOU



JESUS



GOD



YOU  
JESUS

2:12-13

# Jesus Died for Our????

Sins – yes, but what are the other sacrifices that we can offer to be a living sacrifice.

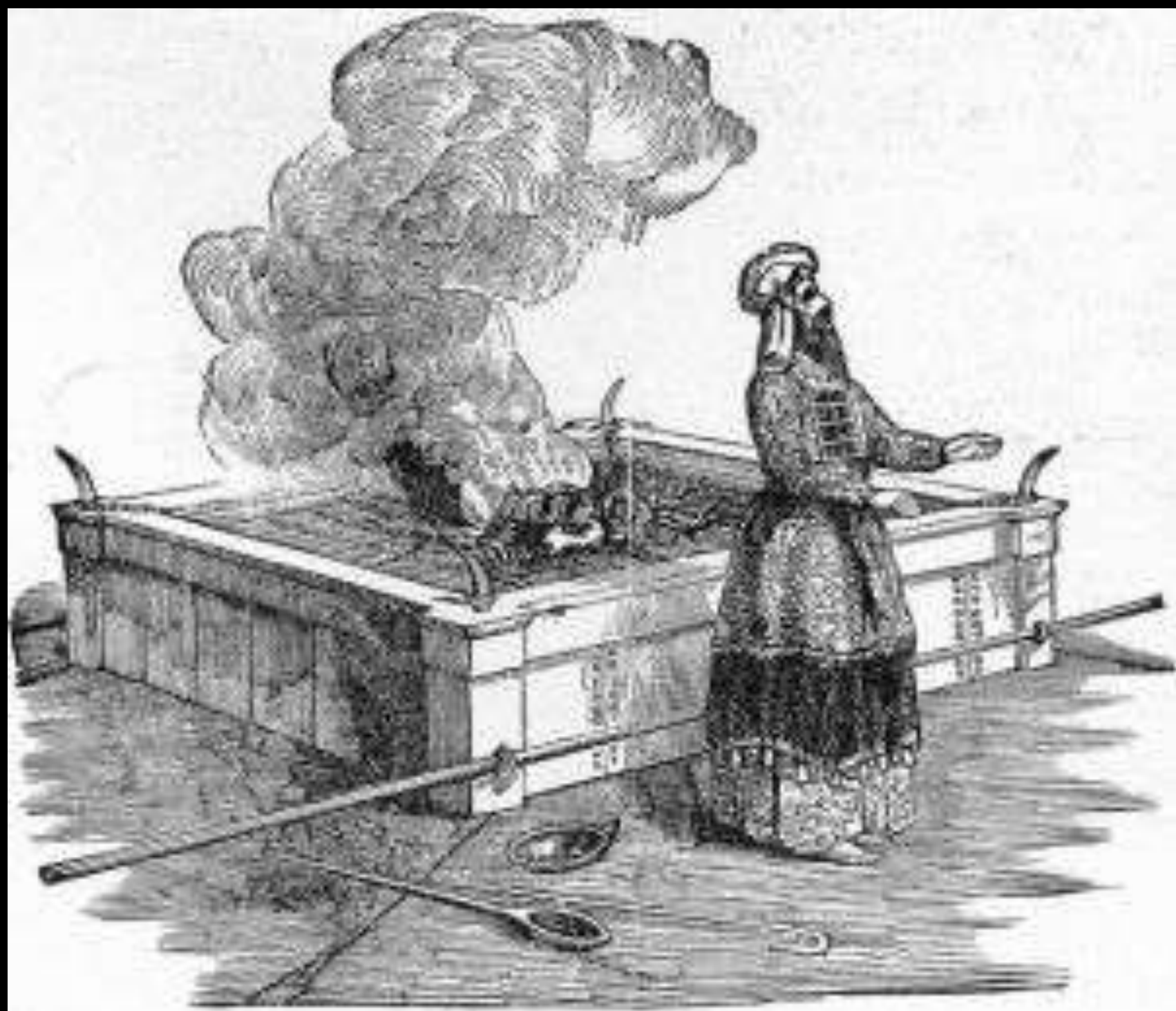
LIVING  
SACRIFICE???

# Leviticus 1-5

You cannot know how to offer yourself up as a living sacrifice without knowing what the other sacrifices are – other than the sin ones

# Burnt

The burnt offering – offer the whole thing; all



# Burnt - Grain

Grain offering - the priest offers a handful of the grain that you grow  
It is a pleasing sacrifice – think bread.





# Burnt - Grain - Fellowship

Fellowship – you are able to share the offering with those that are ceremonially clean; you engage others in fellowship



# Burnt - Grain - Fellowship - Tresspass

Tresspass offering – offerings for sins that you unwillingly commit

# Burnt - Grain - Fellowship - Trespass - Sin

Sin Offerings – offerings for sins that you willingly commit

# Burnt - Grain - Fellowship - Trespass - Sin

Jesus died for our SINS – trespass and sin  
We don't have to offer these sacrifices any more. Jesus was the  
Ultimate sacrifice for our sins.

# Burnt - Grain - Fellowship -

These are the offerings that we can still offer

Burnt (are)  
Grain (have)  
Fellowship (do)

Burnt – everything we are; Grain – everything we have; Fellowship –  
That in everything that we do, we do it for Jesus



# 5 Word Story

What do you need to offer up?  
Take up your cross and follow him daily.



# Christ-likeness

What do you need to offer up?  
Take up your cross and follow him  
daily.

# DOWN

- Down
  - - down on our knees as we bow
  - - down into the depths of our being
  - - it is at the core of your identity and the depths of your soul where God meets with you

# LIVING SACRIFICE???

And in order to be a LIVING  
SACRIFICE - you have to offer up

Burnt (are)  
Grain (have)  
Fellowship (do)

# 5 Word Story

- Let's do another 5 Word Story
- Write out 5 words that you would use to describe - who you wish you were or who you want to become
- In the Romans passage - there are only

# TWO

Romans 12:1-2 only gives you TWO OPTIONS - you are either being conformed to the pattern of this world or you are being transformed by the renewing of your mind



# Conformed or Transformed

What do you need to offer up?  
Take up your cross and follow him daily.

# 2 Options means a CHOICE

Because there are 2 options - conformed or transformed,  
YOU have an opportunity to choose

# No One

No one can make you share. No one can make you do.  
No one can make you think. No one can make you do something  
that you don't want.  
But - there's another side of this scenario

# OUTSIDE

It is this idea that You can be formed by OUTSIDE FORCES both conforming and transforming hinges on a Decision that you make and the Influence of those around you.  
Let me share with you something about the SELF

# SELF

Jamesian I and Me. Basically, there is the REAL SELF and a PROJECTED SELF

You create these projected selves - you project on the world a self that you want people to know – and you hide the real self.

Sometimes we project a Projected Self and people interact and act upon that projected self.

Let me share with you examples. Please do not misunderstand me - I'm not picking on them – they are public examples of a reality



From 93-97 - he was dying, but he hit a bunch of home runs in 97. For 13 years, he has held on to the guilt and finally-this week- he couldn't take it anymore.

He confessed that he took steroids. I watched an interview and he kept talking about the pressure that he was under - to lead, to play, to work through the pain.



Projected Self



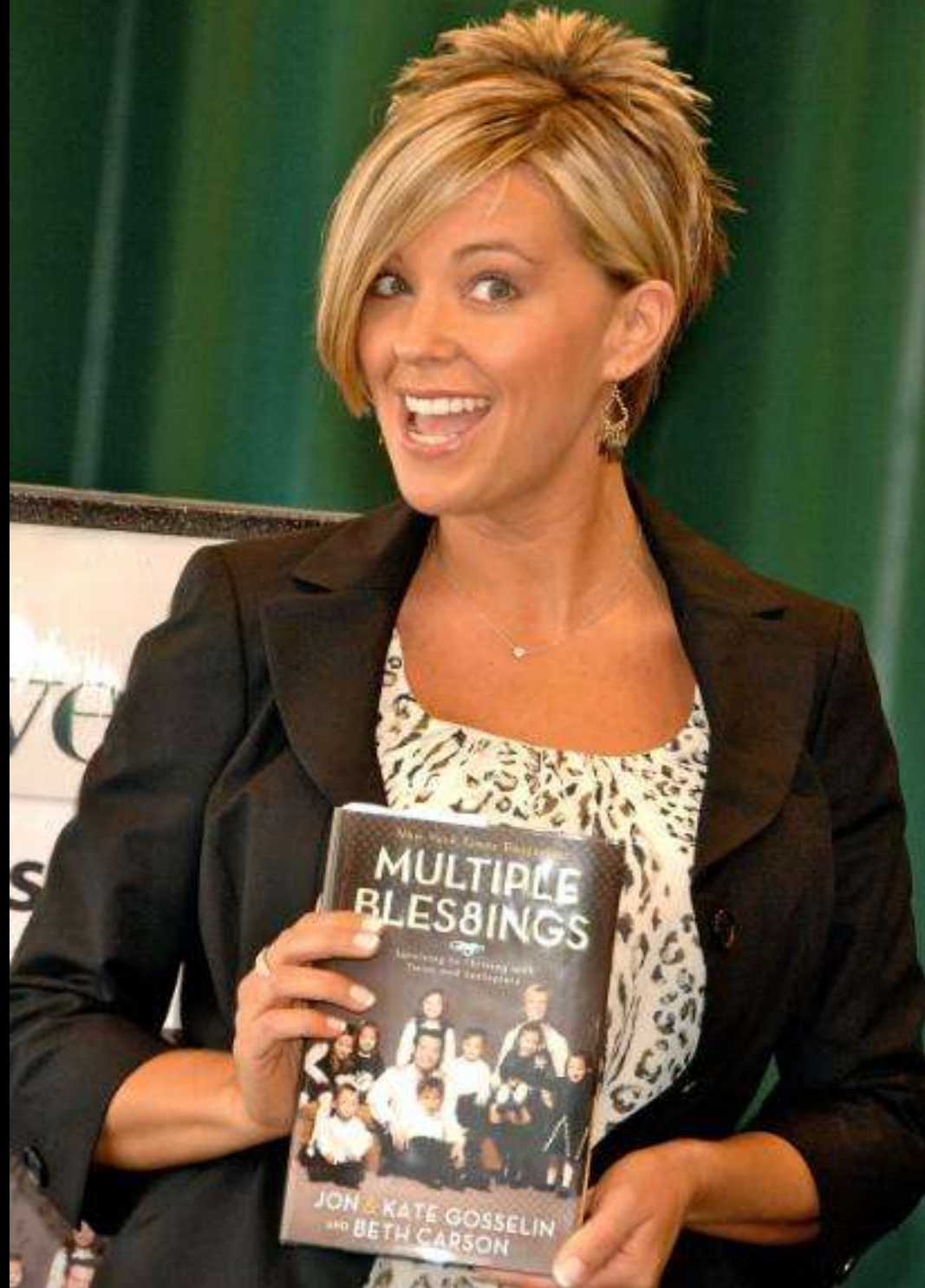
Gretchen Dow Mashkuri, WireImage.com

Projected Self



You project a self - the problem with these people is that their struggle is made Public.

Typically, this struggle is private – an inner monologue; one that you have with yourself.



# Who Are You?

The question of the night is - WHO are YOU?  
Is the person that we see tonight the true self



Or are you wearing a mask?

# Masks are Affirmed

Masks are affirmed and start to listen to those voice. You start a pattern negative thoughts. You get stuck in the pattern - and then you start becoming what you affirm

Here are some examples.....



# BE YOURSELF

The right people will like you for the right reasons.





# WORTH

JUST BECAUSE YOU'RE NECESSARY DOESN'T MEAN YOU'RE IMPORTANT.

[www.despair.com](http://www.despair.com)



# STUPIDITY

QUITTERS NEVER WIN, WINNERS NEVER QUIT,  
BUT THOSE WHO NEVER WIN AND NEVER QUIT ARE IDIOTS.



# PERSISTENCE

IT'S OVER, MAN. LET HER GO.

[www.despair.com](http://www.despair.com)

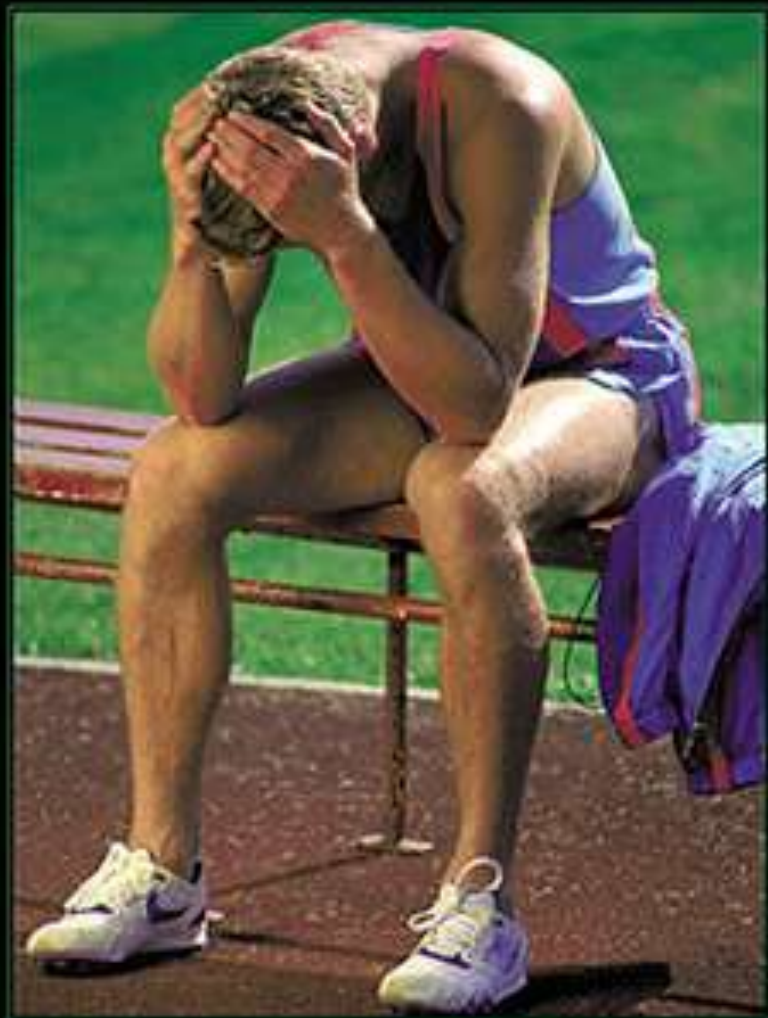




# LIMITATIONS

UNTIL YOU SPREAD YOUR WINGS,  
YOU'LL HAVE NO IDEA HOW FAR YOU CAN WALK.

[www.despair.com](http://www.despair.com)



# FAILURE

WHEN YOUR BEST JUST ISN'T GOOD ENOUGH.

[www.despair.com](http://www.despair.com)



# HUMILIATION

THE HARDER YOU TRY, THE DUMBER YOU LOOK.

[www.despair.com](http://www.despair.com)

# False Self

These are all examples of the False Self -

*You do not need anyone's permission  
to be your true self*

*- jonathan lockwood huie*



*www.DanceLightly.com*

And what we need to focus on - is what you are saying to yourself - what is the INNER VOICE saying?

# INNER VOICE

What is that inner voice? We all have it - it's what psychologists call "Self Talk"

This is what Romans 12 talks about - the pattern of this world.

When you live out the False Self = World

The world will hate you. The world wants you to live in this pattern of I'm Not Good Enough. I'm not pretty enough. I don't have the right clothes. That I have to do something to be loved.

Live in the pattern of bondage, this feeling of being trapped. These are all lies.

# COMPARING

One of the most powerful things to do with your inner voice is to compare. It is a natural, normal thing. I'm not like that. I don't have this. Whenever you compare your weakest attribute with someone else's strongest attribute you will always win. Conversely, it's just as negatively powerful to tear someone down in order to lift yourself up.

# 5 Word Story

Let's do another 5 Word Story - The 5 negative things that you say to yourself



# Relate to Self

You unconsciously relate to self. You listen to self. You talk to yourself.  
Phil 2:3 consider others;  
v.4 you should look not only to your own interests,  
but also to the interests of others.

# Think of yourself

Romans 12:3 - You should not think of yourself more highly than you ought to think.

# Highly

---

# Think of yourself

Romans 12:3 - You should not think of yourself more highly than you ought to think.

It is this idea of humility

It is impossible to not think about yourself - to not think thoughts about you.

God opposes the proud 1 p4:5

The pattern of this world is to exalt one's self; I do what I like; I'm number one;

# New Pattern

The way you get rid of an old pattern of thinking is fill it with a new pattern  
- but the first thing that you have to do is not DENY that you have a pattern  
and I'm telling you right now - we all have Patterns-negative destructive ones.  
Tomorrow we will talk about that - transformation of your mind, ideas, thoughts

**"Does not the potter have the right to make out of the same lump of clay some pottery for noble purposes and some for common use?" (Rom. 9:21)**

God can shape and mold you

# 5 Word Story

Let's do one more - Negative patterns

It is at the point of your brokenness and pain - in the depths of those negative inner voices where Jesus meets you. If you want to meet with Jesus and be like him - the movement is DOWN.

New Pattern

What are the negative patterns?

Where did it start?

Who said it to you first?

What is preventing you?

Do you emphasize the negative  
and downplay the positive?

Do you imagine the worse  
possible scenario?

Do you jump to conclusions?

Who do you blame? Others?

Yourself?





# Who Are You?

Yesterday, you were asked this question

# Who You Are?

Today – You will hear – Who You Are

# False Self

Last night - we talked about the False Self. The inner voice that says – You're not good enough. It's the same voice that says, "If you want to be loved, you had better prove that you are worth loving."

# True Self

The True Self - has the inner voice that says, "You are my beloved and on you my favor rests."



# You are LOVED

Our world is so filled with noise - Psalm 46:10 says to be still and know that I am God  
The voice of God is a quiet, near, and intimate voice  
The True Self - has the inner voice that says, "You are my beloved and on you my  
favor rests."

# Beloved: The New Pattern

The True Self - has the inner voice that says,  
“You are my beloved and on you my favor rests.”



# Took Blessed - Broken Gave

You are chosen - we are chosen in our uniqueness, you are unique in God's eyes  
You are blessed - bene (good) diction (saying); Something good said about you  
You are broken - has to do with relationships; Our wounds are often a window into the  
reality of our lives, if you embrace them, you can put them under a blessing.  
You are given - the greatest fulfillment of our heart is to give ourselves

# 5 Word Story

Let's do another 5 Word Story - You walk around with your paper –  
and let people tell you a 5 word story about you.

# True Self

We cannot become ourselves unless we know ourselves.

When you become a Christian, you don't have to change some essential thing about yourself - the change is that you become more yourself-in Christ.

# Beloved: Love One Another

1 John 4:7-8 The Beloved knows that God's favor rests on him, but  
also knows how to love others

# Beloved: Conquers the World

1 John 5:4 – The Beloved knows that God's favor rests on Him – that you can conquer the world.

LOVE  
YOUR  
SELF

# Question?

How do you receive love?



It's difficult to communicate your self-worth if you don't love yourself.



Marvelous

# Letter from God

Dear \_\_\_\_\_

Love, God

Will

Do you know?

Psalm 139

ONE THING



You are on a journey.  
This is a process.

It takes a lot of work to change  
the negative thought patterns  
and replace them with new ones.



This presentation was given to the college/career Winter Camp 2010 of Faith Bible Church Vallejo.

The presentation was simple, and the notes were added to give it some context. If you need further clarification or would like to talk about it more, please contact me.

Thank you for reading, and I pray that you would know and realize that you are the Beloved and on you God's favor rests; that he works in you to will and to act according to his good purpose.

Enjoy. You are blessed.  
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